



## Living Life on Purpose

### A Circle of Trust<sup>®</sup> Day Retreat

Develop your sense of identity, integrity and purpose.

Listen more deeply to your inner wisdom and to others.

Strengthen your capacity to build relational trust.

Embrace paradox in dealing with challenges.

Build practices to sustain your heart and hope.

**Saturday, 10 March 2018**

**9.00am – 4.30pm**

**Te Puna, near Tauranga**

Developing a sense of purpose and meaning in life starts with knowing yourself well - your strengths and limits, the things that matter most to you, the times and places in your life when you feel most alive.

This one-day retreat offers a focused and reflective space, so rarely found in our busy lives today, where you will have the opportunity to explore the heart of that which brings meaning and purpose to your life, relationships and work, and to deepen your understanding of the connections between who you are and what you do.

#### Program description:

The [Circle of Trust<sup>®</sup>](#) approach is based on the work of writer, teacher and activist [Parker J. Palmer](#). Drawing on insights from poets, storytellers and various wisdom traditions, it offers safe space for self-reflection and shared exploration.

This retreat is for you if you are looking to develop your capacity and courage to lead a more authentic, meaningful and engaged life that is aligned with your inner values.



If you can write,  
do wonders for the world with your pen.  
If you can speak,  
bring hope to the world with your words.  
If you can heal,  
care for the world with your heart.  
And if you can lead,  
nurture and serve the world.

- Dadi Janki -

## Going on retreat:

*"The significant impact of the retreat stays with me in thought, feeling and attitude as well as in decisions and actions. In short, I have "come alive" and I am enjoying what that means for me day to day."*

**Ian Thurlow, Christchurch, NZ**

*This retreat has had a wonderful, gentle and affirming way of pointing me toward what matters.*

**Tim Heetkamp, Tauranga**

*"Themes were explored using silence, interactive reflection, the most wonderful poems, videos and a variety of activities. I really appreciated learning about 'open and honest questions' which I now use in my practice as a clinical psychologist."*

**Veerle Poels, Whakatane, NZ**

*A stunning day - a very authentic, safe and inclusive experience. Aroha mai to you, Mennie, for creating the space and place. This was an opportunity to celebrate our seasons, and connect with our world and our place in it, and to be deliberate about growing ourselves in new ways that enable us to see and think in new ways.*

**Pip Woodward  
Tauranga.**

We use the word 'retreat' not to suggest escape or withdrawal, but rather as an opportunity to engage at a deeper level with your life and work – time and space to pay attention to your identity and to embrace the various roles and responsibilities that fill your life. It is about engaging fully with yourself and the work you do.



### Program Fee:

**\$75.00 per day (Earlybird: \$65.00)**

Includes materials, morning and afternoon tea.  
Please bring your own lunch.

### Payment by cash, cheque or online to:

Bank Account: 12 – 3263 – 0003290 – 02

### For more information, please contact Mennie:

Email: [scapens@xtra.co.nz](mailto:scapens@xtra.co.nz)

Phone: 027 686 7449

*"Let yourself be silently drawn by the strange pull of what you really love.*

*It will not lead you astray."*

*- Rumi -*



Learn more by visiting [www.couragerenewal.org/approach](http://www.couragerenewal.org/approach)



## About the venue:

The retreat venue is the harbourside home of Mennie and Bill Scapens at Te Puna, a short drive from Tauranga city.



398 Snodgrass Road  
Te Puna  
Tauranga  
New Zealand

**Phone:** 027 686 7449

**Email:** [scapens@xtra.co.nz](mailto:scapens@xtra.co.nz)



## Meet your facilitator:



**Mennie Scapens**, MEd, is a facilitator prepared by the Center for Courage & Renewal in Seattle, US.

She has a background in educational leadership, having co-founded [Matahui School](#), an independent primary school in the Bay of Plenty. She is a former school principal, a published author, and education consultant. Her areas of interest include human diversity and potential, creativity, and effective thinking.

Mennie designs and leads leadership development programs, teacher renewal retreats, and programs for personal and professional development. She is passionate about helping people uncover and grow their unique talents and dreams, to discover personal pathways to living and leading authentic lives.

Further information can be found at [www.menniescapens.com](http://www.menniescapens.com) or she can be contacted by email at [scapens@xtra.co.nz](mailto:scapens@xtra.co.nz)

## To register:

Numbers are limited in a Circle of Trust, so please complete and return the attached registration form early to secure your place. Payment with registration please.

*For more information, please contact Mennie on 027 686 7449*

**REGISTRATION:** *Living Life on Purpose*  
- A Circle of Trust® Day Retreat

**Saturday, 10 March 2018**

Your personal details			
Name:		Place of employment and position (if applicable):	
Daytime contact number:			
Home address:		Work address:	
Preferred email address:			
Any special dietary needs?			
Any other special requirements?			
Would you like to receive information about future retreats?			

Payment	
<b>Program Fee</b>	<b>\$75.00</b> (Payment with registration please)
<b>Early Bird Fee</b>	<b>\$65.00</b> (Registration required by 10 February 2018)
Direct Deposit:	Cheque:
Account Name: M Scapens	Made payable to M Scapens
Account Number: 12-3263-0003290-02	
Reference: LLOP [your surname]	
<p><b>Cancellation Policy:</b> We understand that life challenges emerge and changes happen. Cancellations must be made at least two weeks before the program date. The facilitator regrets that she may be unable to offer any refund or credit if you cancel within two weeks of the program.</p> <p>If the program is cancelled due to low enrolment or other circumstances, you will receive a full refund. Please note travel costs are solely the responsibility of participants.</p>	

Return this form	
<p><b>Post to:</b> Mennie Scapens 398 Snodgrass Road RD4 Tauranga 3174</p>	<p><b>OR email to:</b> Mennie Scapens at <a href="mailto:scapens@xtra.co.nz">scapens@xtra.co.nz</a></p>
<p><i>For further information, please contact Mennie Scapens on 027 686 7449.</i></p>	