



The Courage Way Remaining open to possibility

a Circle of Trust® Spring day retreat for personal & professional development

Develop your sense of identity, integrity and purpose.

Listen more deeply to your inner wisdom and to others.

Strengthen your capacity to build relational trust.

Embrace paradox in dealing with challenges.

Build reflective practices to help sustain your heart and hope.

Saturday, 12 November 2022

9.00am – 4.30pm

Te Puna, near Tauranga

In this one-day retreat, we will draw on the metaphor of spring to reflect on signs of new growth in our lives – new ideas, new directions, and new possibilities that may be wanting to emerge in our lives and work. Spring offers us a powerful reminder that new possibilities grow from small beginnings, from seeds that have been planted or by bringing dormant skills back to life.

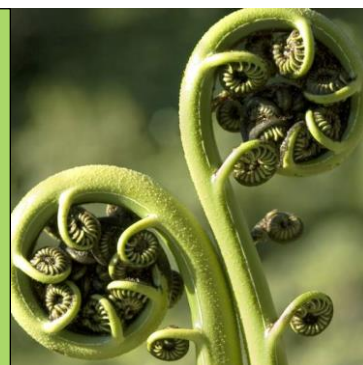
Spring also exemplifies the paradoxical nature of life. It is a season of opposites, both predictable and unpredictable. By learning to hold the tension of opposites, we grow our capacity to hold complexity and uncertainty in our lives, and to remain open to alternative solutions and ways of thinking.

Through the lens of spring our reflections will be guided by insights from poets, storytellers, and various wisdom traditions, as well as shared stories of our own experiences.

What green stems of possibility are emerging in your life right now?

Spring teaches me to look more carefully for the green stems of possibility: for the intuitive hunch that may turn into a larger insight, for the glance or touch that may thaw a frozen relationship, for the stranger's act of kindness that makes the world seem hospitable again.

- Parker J. Palmer -



What people are saying....

A stunning day - a very authentic, safe and inclusive experience.

Aroha mai to you, Mennie, for creating the space and place. This was an opportunity to celebrate our seasons, connect with our world and our place in it, and to be deliberate about growing ourselves in new ways that enable us to see and think in new ways.

Pip Woodward, Tauranga, NZ

This wise, safe, and supportive approach is the best I have ever experienced, and with the Touchstones clearly expressed, makes it accessible to all.

C.R., Hamilton, NZ

I believe that many others would find value in such supportive spaces in which they can be deeply heard and enabled to process what is important to them.

**Helen Pearson, Principal
Horizon School, Auckland, NZ**

Circle of Trust retreats are grounding, enriching, soulful, safe and real. I always leave with seeds planted for the future.

**Tracey Carlton, Street Kai,
Tauranga, NZ**

A Circle of Trust retreat is a place of deep equality and acceptance.

**Sandy Robertson, Diocesan School
for Girls, Auckland, NZ**

As long as the Earth can
make a Spring every year, I
can. As long as the Earth can
flower and produce
nurturing fruit, I can,
because I'm the Earth. I
won't give up until the Earth
gives up.

— Alice Walker —

Going on retreat:

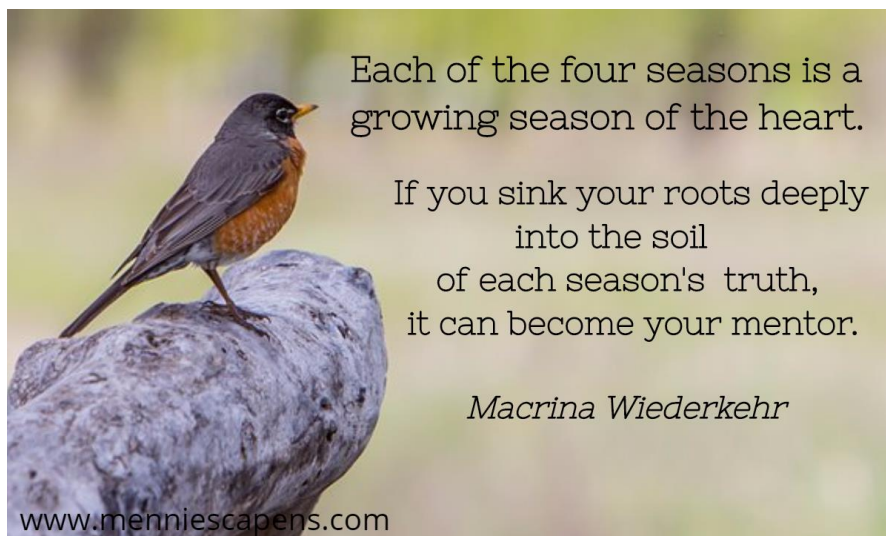
We use the word 'retreat' not to suggest escape or withdrawal, but rather as an opportunity to consciously engage at a deeper level with your life and work – time and space to pay attention to your identity and to embrace the various roles and responsibilities that fill your life. It is about engaging fully with yourself and the work you do.

This is an opportunity to nurture and replenish your well-being.

Program description:

The [Circle of Trust®](#) approach, based on the work of writer, teacher and social activist [Parker J. Palmer](#), offers safe space for self-reflection and shared exploration.

If you are looking to develop your capacity and courage to lead a more authentic, meaningful, and engaged life that is aligned with your inner values, this retreat is for you.



REGISTRATION INFORMATION

**Program Fee: \$ 120.00 Early bird registration
before 12 October 2022**

\$ 135.00 Full registration

Includes all materials, morning and afternoon teas,
and a delicious vegetarian lunch.

Payment online to:

Bank Account: 12 – 3263 – 0003290 – 02

(with your name + SPRING as reference)

About the venue:

The retreat venue is the private and peaceful harbourside home of Mennie and Bill Scapens at Te Puna, a short drive from Tauranga city.

398 Snodgrass Road
Te Puna
Tauranga
New Zealand

Phone: 027 686 7449

Email: scapens@xtra.co.nz



Meet your facilitator:

Mennie Scapens, MEd, is a facilitator prepared by the [Center for Courage & Renewal](#). She is the co-founder and former principal of [Matahui School](#), an independent primary school in the Bay of Plenty.

Today Mennie designs and leads leadership development programs, professional renewal retreats, and programs for personal and professional development, using the Circle of Trust® approach, developed by Parker J. Palmer and the Center for Courage & Renewal.

Mennie is passionate about helping people uncover and grow their unique talents and dreams, to discover personal pathways to living and leading authentic lives, and to access the courage to step into personal and professional leadership.

Further information can be found at www.menniescapens.com or she can be contacted by email at scapens@xtra.co.nz



To register:

Numbers are limited in a Circle of Trust, so please complete and return the attached registration form early to secure your place. Payment with registration please.

For more information, please contact Mennie by email or phone on 027 686 7449.

REGISTRATION:

The Courage Way Remaining open to possibility

— A Circle of Trust® day retreat for personal & professional development —

When: 9am-4.30pm, Saturday 12 November 2022

Where: Te Puna, near Tauranga

Your personal details			
Name:		Place of employment and position (if applicable):	
Daytime contact number:			
Home address:		Work address:	
Preferred email address:			
Any special dietary needs?			
Any other special requirements?			
How did you hear about this retreat?			
Would you like to receive information about future retreats?			

Payment		
	Early Bird Registration Full Registration	\$ 120.00 (by 12 October 2022) \$ 135.00 (after 12 October 2022)
Direct Deposit: Account Name: M Scapens Account Number: 12-3263-0003290-02 Reference: SPRING + your name		Registration paid: \$ _____
Cancellation Policy: We understand that life challenges emerge and changes happen. Cancellations must be made at least two weeks before the program date. The facilitator regrets that she may be unable to offer any refund or credit if you cancel within two weeks of the program. If the program is cancelled due to low enrolment or other circumstances, you will receive a full refund. Please note travel costs are solely the responsibility of participants.		

Please return this form, with payment online, to secure your place	
Post to: Mennie Scapens 398 Snodgrass Road RD4 Tauranga 3174	OR email to: Mennie Scapens at scapens@xtra.co.nz
<i>For further information, please contact Mennie Scapens on 027 686 7449.</i>	